



PROFILE

My name is Angela Karanja

- **Psychologist**
- **Researcher**
- **Educator**
- **Parenting Teenagers Expert**
- **(Parent of Teenagers too.)**

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Raising Remarkable Teenagers

www.raisingremarkableteenagers.com

TRANSFORMTIONAL PARENTING MASTERCLASSES.

LESSON 1

- The impact and inspiration you have on your Teenager as a Transformational Parent.
- Distinct differences between Transformational Parenting and the short-sighted, disempowering Transactional Parenting.
- 4 characteristics of Transformational Parenting to practice straight away and empower yourself and your teenager.

Discover and ditch some popular parenting tactics that hinder teenagers from excelling.

Owning & Internalising Information and Training.

As you go through the videos, please record your notes below.

- The impact and inspiration I will be to my Teen as a Transformational Parent.
- What differences are there between Transformational Parenting and Transactional Parenting.
- Characteristics of Transformational Parenting that I will start practicing straight away to empower myself and my teenager.
- What tactics have I been practicing that could have been hindering my teenager from excelling?

Reflection

Who do I want to be?

Remember; It is possible to become a Truly Transformational Parent with right support and a safe community cheering you on.



Please share this link with other parents of teenagers.

<https://www.raisingremarkableteenagers.com/free>

They are bound to benefit greatly from the information you have, and they will thank you profusely.

Transformational Parenting Masterclasses

is part of

Raising Remarkable Teenagers